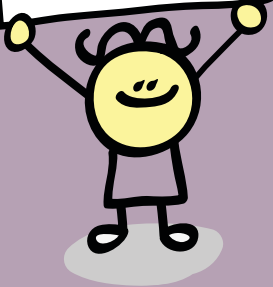


Think about ...

Being Different

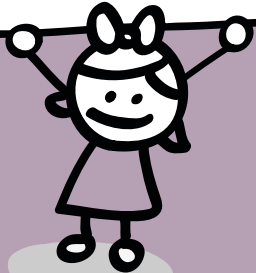


**I am
who I am**



MY CULTURE IS
AN IMPORTANT
PART OF
WHO I AM

**EVERYONE'S
EQUAL**



"Liking Hurling
doesn't make me
a bad person"

**My faith is
important**



The colour of
my skin is just a
small part of me



**I'M STILL
ME**



Think about ...

Being Different



You might share the same eye, hair or skin colour as a parent, brother, sister or other relative but you will have your own physical characteristics and personality traits - each one of us is different.

People have different family structures, abilities, sporting interests, religious beliefs, political beliefs, sexual orientations, cultures and your views on these develop as you mature.

Family and friends can influence your views on others. This can have a positive or negative impact. These views can happen when a person feels threatened by anyone who seems different.

Labels are
For Jars
Not People

It is wrong to treat people differently or unfairly because of how they look, or because they go to a different school or have different interests, beliefs or have a disability. If you experience prejudice tell someone

what's happening to you. Speak to a parent, teacher, youth worker, school counsellor or someone you trust. **There are other sources of support available.**

Helplines:

Childline 0800 1111

Samaritans 0845 790 9090

Lifeline 0808 808 8000

Chalky (advice about Rights and the Law) 0808 808 5678

Disability Action Tel
028 9029 7880

NICEM (if you are experiencing racism)
028 9023 8645

Useful Websites:

www.niccy.org - information about how the Children's Commissioner helps children and young people in relation to their rights

www.childline.org.uk/Explore/Racism/Pages/Racism.aspx - tells you how you can deal with racism

www.glyni.org.uk - information on rights relating to LGBT community

www.dontstickit.org.uk/ - tells you about a campaign to stop bullying of young people with a learning disability

www.voypic.org - help and advice for anyone in Care